

# The GBG Ten Commitments

Are You Committed to reaching The TOP in GBG?

So you have made the decision that you are going to make it in GBG. GREAT!

WHATS NEXT? Here are the **Ten Commitments!**

Make your decision to commit and share this with your team right away!

**Commitment #1** - Go through the **THE GBG BLUEPRINT FOR SUCCESS**. Make sure you sit down with every new Associate in their first 24-48 hours and go through this!

**Commitment #2** - Commit to 2-10 Exposures Every Day. Commit to getting out at least 2 exposures every day. Use the **Just Push Play DVD**, **Sizzle Call** (24/7 Audio Line (507) 726-3825 PRESS 1 ), your **GBG Website**, **Webinars**, Hand out **CHEWABLE SAMPLES w/Business card, Fliers**, etc. Commit to doing this 5 days a week. Commit to a number! (2-10 *or even more* a day.)

**Commitment #3** - Send out one **long distance package** per week. A long distance package is simply a Just Push Play DVD mailed to someone out of town with a note that asks them to watch it. Don't send anything else except a 10-IN-ONE Chewable sample, with the DVD. You may attach a yellow post-it note that says "**LIFE CHANGING - Watch it!**"

**Commitment #4** Become **Coachable**. Commit to be humble. Turn to your upline, listen, learn, and **DO!**

**Commitment #5** - Plug Into Team Training Calls And Company Calls

**Commitment #6** - Attend the GBG Sponsored Events... Be at **all** GBG big events!

**Commitment #7 - Commit to Personal Development**

You can only earn what you become! Invest in yourself! Positive Books and CD's.  
Commit to reading just 10 pages of a good book each day!

Get Jim Rohn CD's.

Some recommended books are:

The Magic Of Thinking Big by David J. Schwartz

The Choice by Og Mandino

The Slight Edge by Jeff Olson

Doing Business By The Good Book by David Steward

Think And Grow Rich by Napoleon Hill

Imagine what you would become if you read just 10 pages everyday. That would be over 3,000 pages a year!

**Commitment #8 - Have a Daily Workout Partner**

Get someone to be your workout partner and be accountable to each other. Help each other stay committed to the these GBG Commitments.

**Commitment #9 - Be Committed to these 10 Commitments for the next year!**

Commit to these 10 everyday of every week of the year. **YOU WILL NOT GIVE UP!**

Challenge yourself to be committed to the proper activity for 52 weeks and watch what happens!

**Commitment #10 - PUT IT IN WRITING!**

Print this out and tell Stuart Finger that you are Committed to the TEN COMMITMENTS for the next year!

To: Mr. Stuart Finger, Owner and CEO of GBG

From: \_\_\_\_\_, GBG Representative

Subject: My Commitments to you and GBG

Mr. Stuart Finger;

After due consideration, I hereby commit to the following:

1. I have read and am utilizing the GBG Blueprint For Success, and have shared it with my team. I will also introduce all future Representatives to this document within 24-48 hours of them joining GBG.
2. I am exposing a minimum of \_\_\_\_\_ people to GBG daily;
3. I am sending out 1 long distance package weekly;
4. I am becoming more coachable and looking to my upline for assistance;
5. I am plugging in to company and team training calls;
6. I will attend GBG sponsored events;
7. I am developing myself mentally utilizing motivational and educational books and audios;
8. I now have a daily (GBG) workout partner for our mutual accountability;
9. I am committing to the above for one year from this date;
10. To show my sincerity, I have entered my legal signature to this document and dated it accordingly.

Date: \_\_\_\_\_

Name (Printed) \_\_\_\_\_

Legal Signature: \_\_\_\_\_

FAX: 707-453-4674

Email: customersupport@gbgcorp.com

# THE GBG

## BLUEPRINT TO SUCCESS

Congratulations on your decision to get started with GBG! So that you may take advantage of the powerful pay plan and tap into the incredible benefits of residual income, we have created this blueprint.

If you follow these suggestions you will be on your way to success in GBG!

Plan to get this and the **GBG TEN COMMITMENTS** in the hands of all your new associates within 24-48 hours.

Let's get started...

# GBG BLUEPRINT TO SUCCESS

## **# 1 - Become a Product of the Product**

The GBG 10-IN-ONE Liquid/Chewable is the flagship product of GBG for a reason. This is a product that everyone needs to be taking INCLUDING YOU!

Not only should you be taking the product, but you should have samples to give out. Order your Chewable samples as soon as possible or get together with your workout partner or upline and purchase samples together. **GET THE SAMPLES! If you and your team commit to handing out at least one sample a day, you should experience tremendous growth in the next year and beyond.**

Did you get started because you were looking for a good business opportunity? That is great. But if you do not TAKE THE PRODUCT you are setting yourself up for failure! If you are going to tell people about this product and be successful, you have to experience it yourself. The only way to do that is to take the product every day. Soon you will have your own story about the product and your growing business.

REMEMBER...

**"If you don't have a story you don't have a business." Until you have a story of your own, use the story of others, perhaps your upline has a great story you can use.**

Educate yourself. Go to your shopgbg.com site and click on the links for the following. Learn all you can about the products.

**10-IN-ONE Chewable Facts Panel/PDR/FAQ**

**10-IN-ONE Liquid Facts Panel/PDR/FAQ**

**[Dr Carol Audio Transcript- PDF](#)**

## **# 2 - BECOME A PLATINUM as soon as possible.**

Becoming a PLATINUM shows your upline and downline that you are serious and ready to build a business. By upgrading to PLATINUM you take full advantage of the GBG PAY PLAN. Do you want more Platinum's on your team? Remember your team will do what you do! You will recruit more PLATINUMS if you are a PLATINUM! Your decision shows everyone, including yourself that you are committed to building a business.

(If you can not afford to start out as a PLATINUM that is okay! Get with your upline and map out a plan of action to get you to PLATINUM as soon as possible - BE A PLATINUM IN YOUR HEART!)

**# 3 – MAP OUT YOUR "WHY"**

Right now, take as long as you need to, and determine **IN WRITING** your reasons **WHY** you started your business.

(For example: Providing a better life for your children and grandchildren, Spending more time with family or friends, Giving more time and/or money to religious or charitable organizations, eliminating debt, and being able to do more good for others)

**WHAT IS YOUR WHY?** It is your why that will keep you going. When you are hit with negatives, they will not faze you because you have become fixed on the prize. You will become determined to reach those goals that you have already mapped out.

**What is your WHY?**

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In GBG we are helping so many people live better lifestyles so that they in turn can help other people too. This the beauty of **Network Marketing**, when you help others get what they want, you will find that you receive everything in life that you are looking for.

**# 4 - Make your PLAN OF ACTION/ SET YOUR GOALS**

What are your goals? What do you want to achieve in your GBG Business in the next 90 days?

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6 months?

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1 year?

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What are you going to do to get there?

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**Committing to the GBG TEN COMMITMENTS is the best starting point.**

We recommend that you also get with your sponsor and do the following immediately:

Fill out a MEMORY JOGGER and a POTENTIAL CUSTIOMER MEMORY JOGGER

(Get these in your GBG Back Office)

Work with your sponsor and plan a GBG BUSINESS METTING (HOME PARY) Within your first 2 weeks

### **# 5 - Learn to do 3-Way Calls**

Why 3-Way calls? Because when people use this method of: 1<sup>st</sup> exposing the business and then putting their prospect on a 3-way call they are 95% more likely to sponsor a new person.

After you expose someone to your business (Meaning they have seen your website, or Just Push Play DVD, THEN you should do a three way call, preferably with someone in your upline.

Here are the general rules for a 3-way call:

**Call your upline and make sure that they are available to do a 3-way call.**

**After you have exposed them properly and they have viewed the videos on your website, then tell them that you have a friend that is very successful in this business and they know all the answers. Tell them to hold on while you get that person on the phone.**

**When you introduce them, put your phone on mute and stay quiet. Let your "expert" take over the call and they will answer all the question of your prospect.**

**Your "expert" will then edify you and direct them how to get signed up.**

## **# 6 – Be a Leader!**

By making sure that you are committed to your business and sharing the **Blueprint For Success** and **Ten Commitments** with your newly sponsored people and your team, you are a leader. **Leaders DUPLICATE themselves.** You are teaching your team by example. You are creating leaders.

Keep in touch with the leaders in your upline and downline.

**Remember: PEOPLE BECOME WHO THEY ASSOCIATE WITH!** Get in touch with your upline and ask them for advice on how to build your business. **PLUG IN** to what the team is doing and have your new associates do the same.

**REMEMBER: YOUR DOWNLINE WILL DO WHAT YOU DO.** That is what being a leader and developing leaders is all about! If you are not taking the appropriate steps to build your business, do not expect people on your team to do what you are not doing. Take the time to build relationships with people.

**MORE THAN ANYTHING ELSE...**

**THIS BUSINESS IS MORE ABOUT THE RELATIONSHIPS THAT YOU MAKE!**

**YOUR TEAM IS FILLED WITH DIAMONDS IN THE ROUGH!**

**Look "inside" your new recruits and see the potential that they may not see.**

## **# 7 – Be the person you want to be TODAY!**

Now here is the greatest secret to success: **SEE YOURSELF as the successful person that you want to become, and BE THAT PERSON RIGHT NOW!**

**Do you see yourself as a top recruiter? As a top leader? As a top income earner?**

**You do!**

**Then be that person today and soon you will be recognized as the person you have decided to be.**

## **# 8 - DO NOT GET DISTRACTED!**

Here is a bible verse where the principle of commitment and determination can be pulled from. It is from Luke 9:62 "Jesus replied, "No one who puts his hand to the plow and looks back is fit for service in the kingdom of God."

One could surely apply this type of thought to any GBG business. Your decision to build your GBG business means that you have made a commitment to it. You have determined your success and will not be distracted by anything!

Do not take the time to gaze back at what you have done in the past, you don't have time to do that. The future is ahead of you, focus on it. One more thing, don't waste your time looking side to side either. People will come at you constantly waiving their giant flags. They will tell you to quit, they will offer you other business opportunities, they will try to get in your way.

Don't get distracted by them. Stay the course. Remember, people that find success in GBG build their business and do not get distracted by anything.

## **KNOW YOUR UPLINE**

**Your Sponsor Is:**

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**Their Sponsor(s):**

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**Team Calls Are On The Following Days And The Following Number:**

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**GBG and your team have many resources for you to plug into.**

**Get with your up line to find out HOW to plug in.**